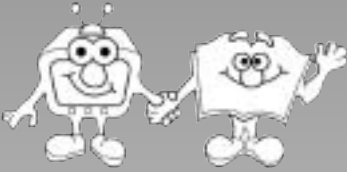


CONNECTIONS

Making good TV better for young children

Vol. 63, November 2004



LINK IDAHOPTV SHOWS TO A BOOK TO FOSTER A LOVE OF READING.

Start with a great PBS show.

Connect to a book and an activity for fun and powerful learning.

Look inside for ideas on TV and book connections.



Build Literacy Skills with Television
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November Theme: Self-Esteem

Developing a Child's self-esteem

A child who can communicate well and is encouraged to partake in their caregiver's daily activities is on the right track to developing a positive self-esteem. Children long to be active members of the world around them. There is great pride achieved by the child who can ask to do an activity that is meaningful to others and who is guided to successfully accomplish that activity. A few examples are setting the table, choosing the evening television show, or identifying items for the grocery list.

When children are taught to respect and accept differences in others, they learn to respect and accept themselves. Children develop a wide vocabulary to help them identify and categorize by mimicking the responses, tone of voice and opinions of adults and other children. Consequently, an adult's language and actions play important roles in developing a child's self-esteem. Adults who use a rich and expressive body of vocabulary offer children the language skills to express their desires, opinions, joys and frustrations. A child who can express him/her self is more confident both internally and externally.

Equally important to good communication skills is having the opportunity to make safe choices, encounter the consequences, learn how to solve problems and experience follow-through with an adult. A child who makes a choice and knows there is an adult to help develops an "I can do it" attitude, no matter what the outcome. He/she becomes more willing to participate and offer assistance to others.



TIPS FOR PARENTS

- Recognize your child's accomplishments by commenting specifically on what he/she has done.
- Allow your child to make decisions by giving him/her specific choices that you can live with.
- Give your child plenty of encouragement.
- Ask for your child's opinion and respect his/her reply.



See the View-Do-Read section for suggestions on ways you can help a child develop self-esteem.

November Theme: : Self-Esteem



VIEW

SESAME STREET

Friday, Nov. 19 , 11:30/10:30 a.m. MT/PT
Recognize and appreciate the special qualities of others

MISTER ROGERS' NEIGHBORHOOD

Tuesday, Nov. 2, 1:00/12:00 p.m. MT/PT
Be Yourself

POSTCARDS FROM BUSTER

Monday, November 22 3:30/2:30 p.m. MT/PT
Overcoming a challenge with friends



READ

Mommy Loves Her Bunny

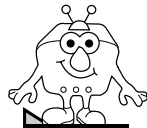
by Mary Morgan

The bond between mother and child is depicted among various animals.

Generous Me

by Mary Pearson

An older sister lists all the things she would willingly share with her younger sister such as her broccoli and her chores.

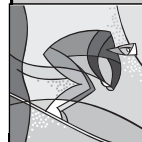


VIEW

THE LEARNING TRIANGLE



READ



DO

The Little Engine That Could

by Watty Piper

The classic story of a train engine that finds he can do more than he thinks he can!



DO

Infants: Respond with a positive voice and specific words to your infant's verbal and physical efforts.

Respond with words that reflect your baby's actions. "I see you smile at me when I sing. You make a very nice sound when you coo." or "It

looks like you are reaching for the ball. Would you like me to roll it closer to you?"

Toddlers: Offer specific and acceptable choices. Give them a choice of books to read, a choice of clothes to wear, a choice of activities for the next hour. Allow them to follow through with the choice.

Look through magazines and find pictures of people in different roles. Mix genders, races and physical characteristics. Add pictures of your child and family members in different roles and talk about it.

Pre-Schoolers: Engage your child's natural desire to "do as you do" to help you and others. Some suggestions are to help sort laundry, water the plants with a watering can, and toss a salad.

Make a picture for someone special and send or deliver it. Make playdough together and create sculptures! Take time to comment on their positive actions and outcomes.

Always appreciate their efforts with words of kindness and give words to the action you are recognizing.

6-8 year olds (Afterschoolers): Mount and display your children's artwork. Rotate the display weekly and decide together what to keep and discard.

Ask your child to help you identify items for the grocery list. Recognize their contributions and encourage their healthy choices.



NOVEMBER TITLES

Weekdays at 2:30/1:30 MT/PT ... www.gpn.unl.edu/rainbow

- | | | |
|---|---|--|
| <p>1 How To Make An Apple Pie and See the World
(Science and cooking)</p> <p>2 Florence and Eric Take the Cake
(Baking)</p> <p>3 Hotel Animal
(Proportion and size relationships)</p> <p>4 Little Nino's Pizzeria
(Pizza)</p> <p>5 Gregory the Terrible Eater
(Eating habits of zoo animals)</p> <p>8 Bread is for Eating
(Bread)</p> <p>9 The Legend of the Indian Paintbrush
(The Pueblo Indians)</p> <p>10 The Gift of the Sacred Dog
(Native American ceremony)</p> | <p>11 Giving Thanks: A Native American Good Morning Message
(Native Americans)</p> <p>12 Alejandro's Gift
(Water)</p> <p>15 Three Days on a River in a Red Canoe
(Camping)</p> <p>16 Mystery on the Docks
(Docks)</p> <p>17 Archibald Frisby
(Science)</p> <p>18 Stellaluna
(Night animals)</p> <p>19 Hill of Fire
(Volcanoes)</p> | <p>22 Bringing the Rain to Kapiti Plain
(Rainy weather and thunderstorms)</p> <p>23 Three By the Sea
(Creating stories and using imagination)</p> <p>24 Animal Café
(Late night in New York)</p> <p>25 Stay Away From the Junkyard
(“Junk” and its uses)</p> <p>26 Dinosaur Bob and His Adventures with the Family Lazardo
(Baseball)</p> <p>29 The Patchwork Quilt
(Family memories)</p> <p>30 Someplace Else
(Travel)</p> |
|---|---|--|



Weekdays at 11:30/10:30 a.m. MT/PT
pbskids.org/sesame

November Topic

- 1 Fairness; Taking turns; Helping others
- 2 Care for others; Flexibility
- 3 Problem solving; Respect
- 4 Be yourself
- 5 Like what makes you different
- 7 Like what makes you different
- 8 Help others deal with anger
- 9 Appreciate what you have
- 10 Differences in opinions are OK.
- 11 Family members can like different things
- 12 Change can be good
- 14 Change can be good
- 15 It's OK to make mistakes
- 16 Flexibility can be fun
- 17 Help each other
- 18 Stick up for those you love; Problem solving
- 19 Communication; Problem solving
- 21 Communication; Problem solving
- 22 Helping others
- 23 Helping others; Patience and understanding
- 24 Set priorities; Respect others' needs
- 25 Problem solving; Friendship
- 26 Jealousy and accepting differences
- 28 Jealousy and accepting differences
- 29 Taking turns; Helping others
- 30 Problem solving; Respect



Weekdays 7:00/6:00 a.m. MT/PT
pbskids.org/dragontales

November Topic

- 1 Coping with someone who acts mean; Persisting at a challenging task
- 2 Doing the right thing; Being responsible
- 3 Developing empathy; Learning to use the monkey bars
- 4 Confidence/Taking turns
- 5 Valuing your abilities/ Persisting at a challenging task
- 8 Problem solving/ Resolving conflicts
- 9 Helping a friend/ Accepting differences
- 10 Accepting differences/ Resolving a conflict
- 11 Accommodating differences/ Fear of animals
- 12 Sibling rivalry/ Coping with separation
- 15 Overcoming challenges/ Coping with rejection
- 16 Problem solving strategies/ Remembering things
- 17 Using classification skills/ Persisting at a challenging task
- 18 Overcoming fear/ Coping with separation
- 19 Solving a problem/Learning to be accepted
- 22 Problem-solving strategies/ Learning a new skill
- 23 Being responsible/ Problem solving strategies
- 24 Teasing/Working together
- 25 Learning to ice skate/ Identifying shapes
- 26 Critical thinking/Patience
- 29 Resolving a conflict/ Coping with frustration
- 30 Caring for a friend/Learning to try something new



George Shrinks
 Weekdays at 1:30/12:30 p.m. MT/PT
pbskids.org/georgeshrinks

November Topic

- 1 Family time; Problem solving
- 2 Helping those in need; Problem solving
- 3 Perseverance
- 4 Competition isn't always fair; Problem solving
- 5 Resourcefulness; Doing the right thing isn't easy
- 8 Helping others; Resourcefulness
- 9 Different opinions; Who's right?
- 10 Helping others
- 11 Imaginative fun
- 12 Accepting the things you can't change
- 15 Problem solving
- 16 Helping others
- 17 Do something special for those you love
- 18 Helping others feel successful
- 19 Helping others be themselves
- 22 Problem solving
- 23 Fixing a mistake; resourcefulness
- 24 Working together; Make something special for those you love
- 25 Problem solving
- 26 Jealousy; Having more than one friend
- 29 Problem solving
- 30 Ingenuity and teamwork

Link TV to books & activities for themed learning fun!

Idaho Public Television offers free child development learning parties for parents and child care providers. Topics include Learning through Play, Teaching Children Anger Control, Raising Readers, and Take Charge of Your TV!. To learn more call Lynn Allen 345-4453.

November VIEW—DO—READ Theme Weeks



Sunday

BE YOURSELF I Like Me!

by Nancy Carlson

Just Because I Am, A Child's Book of Affirmation

by Lauren Murphy Payne



Monday



MISTER ROGERS' NEIGHBORHOOD

Programs about being
yourself all week

1:00/12:00 p.m.
MT/PT

Tuesday



MAYA & MIGUEL

Accepting differences

4:00/3:00 p.m.
MT/PT

Wednesday



MISTER ROGERS' NEIGHBORHOOD

Be yourself

1:00/12:00 p.m.
MT/PT

Thursday



DRAGON TALES

Self-confidence/
Taking turns

7:00/6:00 a.m.
10:30/9:30 a.m.
MT/PT

Friday



BARNEY & FRIENDS

Recognizing
your feelings

8:00/7:00 a.m.
MT/PT

Saturday

Cut out pictures
and parts of
the body from
magazines; create
a self-portrait
collage.

APPRECIATING SELF AND OTHERS

A Color Of His Own

by Leo Lionni

If Only I Were...

by Carl Sommer



SESAME STREET
Accepting your
uniqueness

6:00/5:00 MT/PT



POSTCARDS FROM BUSTER

Overcoming
insecurities/
Helping others

3:30/2:30 MT/PT



DRAGON TALES

Helping a friend

7:00/6:00 a.m.
10:30/9:30 a.m.
MT/PT



SESAME STREET

Different opinions/
are all right

11:30/10:30 MT/PT



MAYA & MIGUEL

Don't judge a person
too fast

4:00/3:00 p.m.
MT/PT



CYBERCHASE

Group Effort

4:30/3:30 p.m.
MT/PT

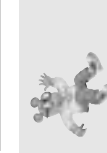
Make a paper
chain of hands.
Write something
each person is
thankful for on
their paper hand.

THE GREAT OUTDOORS

In November
by Cynthia Rylant

The Seasons of Arnold's Apple Tree

by Gail Gibbons



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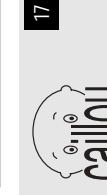
READING RAINBOW

Camping

2:30/1:30 p.m.
MT/PT



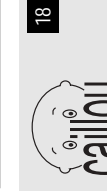
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CAILLOU

Winter

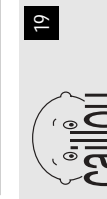
9:00/8:00 a.m.
MT/PT



CAILLOU

After dark

9:00/8:00 a.m.
MT/PT



CAILLOU

Nature

9:00/8:00 a.m.
MT/PT

Take a walk
outdoors and list
all the seasonal
changes. Record
the sights, sounds
and smells.

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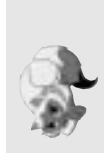
THE FOODS WE EAT

Everybody Cooks Rice

by Norah Dooley

Big Red Apple

by Tony Johnston



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MISTER ROGERS' NEIGHBORHOOD

Programs about
food all week

1:00/12:00 p.m.
MT/PT



POSTCARDS FROM BUSTER

Native American
traditions

3:30/2:30 MT/PT



READING RAINBOW

Animal Café

2:30/1:30 p.m.
MT/PT



BERENSTAIN BEARS

Other cultures and
food

2:00/1:00
MT/PT



MISTER ROGERS' NEIGHBORHOOD

Homemade pasta

1:00/12:00 p.m.
MT/PT

Cook a holiday
platter together
and let your
children help
serve it. Praise
their efforts.

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Helping kids learn—

it's how Idaho Public Television makes a difference in our communities.



idahoptv.org/kids

Web site resources include episode
descriptions and more activities and ideas
for children and those who care for them.